



30 TRAVEL CHALLENGES BEFORE 30

HUG A
KANGAROO.

CLIMB
A PEAK.

SAIL.

CAMP IN THE
WILD.

FLY IN A
BALLOON.

RIDE
A CAMEL.

BATHE IN A
WATERFALL.

DIVE INTO A
CORAL REEF.

DANCE AT A
CARNIVAL.

TAKE PART IN
A MARATHON.

MAKE FRIENDS
ABROAD.

BUNGEE
JUMPING.

DRINK RUM IN
CUBA.

203 TRAVEL
CHALLENGES

LIVE ABROAD.

TRAVEL
WITHOUT A
PLAN.

SLEEP UNDER
THE STARS.

HITCHHIKE.

TRAVEL WITH
NO MONEY.

EXPLORE A
CAVE.

PARAGLIDING.

SWIM WITH
DOLPHINS.

EAT 1 KILO OF
ICE-CREAM.



NIGHT
SWIMMING.

SNOWSHOEING.

SEE THE
NORTHERN
LIGHTS.

SPEND A DAY
IN A HAMMOCK.

VOLUNTEER.

JOIN A LOCAL
HOLIDAY.

SEE 1000
SUNRISES.

STEP ON 7
CONTINENTS.